



# Bal Bharati

## PUBLIC SCHOOL

M A N E S A R

### REPORT

#### **Awareness On First Aid**

Event Name: Workshop on First Aid

Topic: First Aid

Organized By : School Safety Club

Date: 18<sup>th</sup> July, 2025

Venue: VI-IX ( Section - C)

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#### **Description:**

On 18/07/2025, a workshop was organized for students of Classes 6 to 9 on the topic First Aid by team of expert doctors and nurses. The event aimed to educate students on the importance of First Aid, emergency procedures, and precautions to take during injuries. First aid training for students aims to equip them with the knowledge and skills to respond effectively to common injuries and sudden illnesses, ultimately promoting safety and potentially saving lives.

#### Basic first aid procedures

- Wound care:
  - Cleaning cuts and scrapes
  - Applying pressure to stop bleeding
  - Dressing wounds with bandages and sterile gauze
  - Knowing when to seek medical help for deeper cuts or uncontrolled bleeding.
- Burns:
  - Cooling minor burns with cool water
  - Recognizing the severity of burns and knowing when to seek medical attention.
- Choking:
  - Recognizing signs of choking

- o Administering back blows and abdominal thrusts (Heimlich Maneuver) if appropriate for age and training level.

**Purpose:**

- Develop knowledge and skills about first aid.
- Enable the learners to recognize the symptoms/conditions which require first aid.
- Develop the ability of dealing with emergency situations.
- Enable the learners to provide first aid in various situations and settings.

**Glimpses of the workshop:**



