

Feel & Reveal: The Emotion Charades

Class 1

Conducted on – 13th May ,2025

Students participated in an **Emotion Charades** activity to understand and express different feelings. Each student picked a slip with an emotion and **acted it out silently**, while classmates guessed the emotion. The activity concluded with a **discussion on recognizing and managing emotions** in daily life.

Learning Outcome:

Students learned to identify emotions and develop empathy and emotional awareness.

