



Bal Bharati  
PUBLIC SCHOOL



SOCIAL SCIENCE  
»» NEWSLETTER ««  
**SAMANVAY**

2024-25



**BEYOND THE SENSES ARE THE OBJECTS,  
BEYOND THE OBJECT IS THE MIND,  
BEYOND THE MIND IS THE INTELLECT,  
AND BEYOND THE INTELLECT IS THE  
GREAT SELF REALIZATION.**

Understanding our true selves allow  
us to live life full of happiness,  
kindness, and freedom.



# From Principal's Desk

It gives me immense pride and joy to witness the growing enthusiasm for Social Science in our school. This subject, which bridges the past, present and future, has taken on a dynamic identity with the integration of innovative teaching methods and technology. Tools like virtual tours, interactive maps, AI-driven discussions,

and data visualization have transformed traditional classrooms into hubs of discovery and exploration.

These advancements have made history, geography, political science, and economics more engaging and relevant, fostering a deeper understanding of the world around us.

Our teachers deserve special recognition for their dedication to creating learning experiences that go beyond textbooks. Their innovative approaches ensure that students gain not only knowledge but also critical thinking skills and a global perspective. As John Dewey rightly said, "If we teach today's students as we taught yesterday's, we rob them of tomorrow." Their efforts are preparing students to tackle real-world challenges with confidence, wisdom, and adaptability.

I would also like to commend our students for their enthusiasm, creativity, and active participation in making Social Science a vibrant subject. Their insightful discussions, innovative projects, and curiosity about the world are a source of inspiration. They are growing into responsible, socially conscious individuals, ready to shape a better tomorrow.

A special mention must go to the editorial team and contributors of our Social Science newsletter, 'Samanvay.' Your hard work and creativity in curating thought-provoking articles, historical perspectives, and innovative ideas deserve the highest appreciation. This newsletter is a shining example of the collaborative spirit and intellectual curiosity that define our school community.

As we continue to explore new horizons in education, let us ensure that learning remains an exciting and transformative journey. Social Science, with its ability to connect the past with the future, will always remain a cornerstone of holistic education in our school.

**Warm Regards,  
Harsh Kumar  
Principal**



# From Vice Principal's Desk

## EDUCATION: A WAY TO TRANSFORMATION

*"The aim of education is the knowledge, not of facts, but of values." – William S. Burroughs*

The field of education is evolving rapidly, and Social Science teaching has embraced this change with vigor and purpose. At Bal Bharati Public School, Manesar, the Social Studies Department has been a pioneer in adopting innovative strategies and tools that inspire students and prepare them for the challenges of the 21st century.



Through the integration of technology such as interactive apps, virtual reality experiences, and online resources, the department has brought Social Science to life. Digital tools like maps, virtual museum tours, and simulations have transformed classrooms into immersive learning spaces, making complex concepts relatable and engaging.

Experiential learning remains a cornerstone of the department's approach. Activities like field trips, role-playing, significant events, and mock debates provide students with hands-on experiences that foster curiosity and critical thinking. Inquiry-based learning further encourages students to explore, ask questions, and analyze, deepening their understanding of societal structures.

The department has also excelled in instilling global perspectives, teaching students about sustainable development, migration, and human rights. By linking Social Science with other disciplines like environmental science, art, and literature, they offer students a holistic and interconnected understanding of the world.

Above all, their commitment to developing 21st-century skills—critical thinking, collaboration, adaptability, and communication—is commendable. Group projects and interactive discussions prepare students to navigate the complexities of modern society with confidence and empathy.

The efforts and excellence of our students are a testament to the remarkable work of the Social Studies Department. Their enthusiasm and creativity shine through the articles, projects, and initiatives featured in this newsletter. From insightful research projects and thoughtful debates to innovative presentations, the newsletter captures the brilliance of our students and the exceptional guidance provided by their teachers.

The Social Studies Department is more than a team of educators; they are visionaries shaping tomorrow's leaders. Their dedication to innovation, curiosity, and global citizenship has redefined Social Science education at our school.

Let us celebrate their remarkable efforts, which not only enrich students' knowledge but also inspire them to make a positive impact on the world.

Warm Regards,  
Akanksha Sehgal Setia  
Vice Principal

## From the Head of Department's Desk

During olden times the education was of Vedas, Upanishads, and Dharma sutras. From the Rigveda onwards, our ancient education started with the objective of developing the students not only in the outer body but also on the inner body. The ancient education focused on imparting ethics like humility, truthfulness, discipline, self-reliance, and respecting all creations to the students. The education was mostly given in forests under the blue sky, which keeps the student's mind fresh and alive. During ancient times people used to live a simple life and doing their work with devotion and hard work. The teachers used the storytelling methods to teach the students. Students used to ask questions about the topics taught by the teachers and these topics were discussed and then answered to the students. But there was caste discrimination as only Kshatriya's were allowed to study.



As time passed education started to develop and entered the modern era that is in the twenty-first century, the era of science, technology, and innovations. And the demand and the need for education stills remain the same as it was in ancient times.

Focusing on the provisions of NEP 2020, we have prepared the activities based on the five guiding pillars of our new education policy i.e., Access, Equity, Quality, Affordability and Accountability. Activity-based learning helps to enhance the knowledge of children at the ground level. It supports them in acquiring knowledge outside their educational environment and to know the reality and empowers them to express freely.

Students have participated in various activities planned during the session. Social science is a bit like oxygen which is required for each stream to survive, and the collected senses made up all worthwhile information.

The collective set of activities encouraged the students and teachers to incorporate millets in their daily diet for better health, delved into philosophy of Gita, the making of art pieces using millets, entrepreneur skills and subject enrichment curiosity.

**Warm regards**  
**Kiran Sharma**  
**Head of Department**  
**(Social science)**

# ACTIVITIES

## Mini Bathukamma

Students of class 8 enthusiastically participated in the Bathukamma activity, crafting beautiful designs using flowers and paper.



## Cultural Kaleidoscope

The students of Class 8 created a 'Cultural Kaleidoscope' collage to honor diverse cultural heritage. This activity celebrated national unity in diversity and highlighted the importance of preserving cultural traditions for future generations.



# The Earth and The Solar System

The students of Class 6 explored Earth and the Solar System, discovering why stars disappear in the morning and experimenting with igniting a torch using perforated paper.

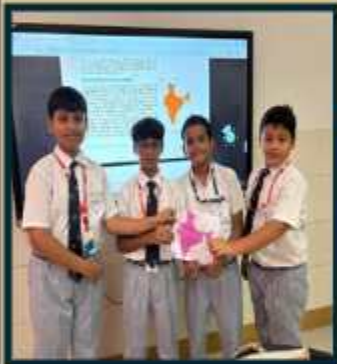


## Globe: Latitudes and Longitudes

An interactive globe activity enabled students of Classes 6 and 7 to measure latitude and

longitude, after which they shared their insights through

a panel presentation.



## Diorama Presentation

Students of class 6 made 'Dioramas' about the agricultural practices of Telangana by researching about its major crops, irrigation system and farming techniques and presented their findings through Diorama presentation.



# Environment Awareness Activity

The students of Class 7 carefully observed and identified the green areas of the school and devised an action plan for their preservation and enhancement.



## Audit of Energy Resources

The students of Class 7 engaged in a discussion with the Admin Officer to audit energy resources and identify energy-saving techniques in practice.



## Pledge of Equality

Students of class 7 took a pledge to uphold the ideals of equality and fraternity.



# A Journey to Sacred Geography of Hindustan: Cultural Influence



Students of the Senior Secondary Department developed critical thinking skills by examining primary sources, historical narratives, and cultural artifacts to evaluate different perspectives and interpretations of Indo-Persian history and culture. Links to the presentation are provided below.



Click on the text to view

[Presentation on the activity.](#)

[Podcast on the activity.](#)

[Indo- Persian Song](#)



## Debate Discussion



The Students of 11th presented a debate on the Topic - 'Should women be allowed to join combat unit of armed forces and move up to higher positions'. Through this, students understood the various concepts of gender equality.

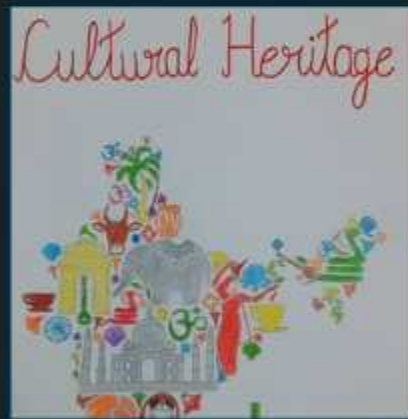
# THE HERITAGE CLUB

## Education Through Games

Students of the Middle Department made an ancient board game using eco friendly material and pictures of different Gateways in India.



## CULTURAL HERITAGE POSTER MAKING



Students of the Middle Department creatively showcased India's diverse cultural heritage through posters.

## MILLET MIRACLE

### Millet Food Making Activity

The students of Class 7 prepared millet-based dishes, raising awareness about their health benefits and sustainability.



# MILLET MARVELS: A YEAR OF GRAINS AND GAINS.

Students of the Middle Department showcased creativity and project management skills as they collaborated to design a thematic calendar centered around millets.



## Millet Awareness

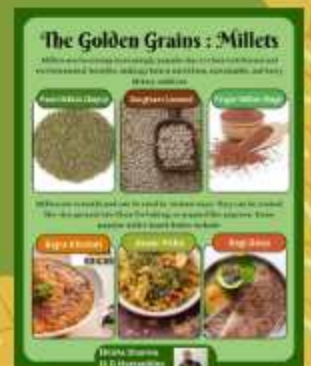
The students of Class 9 created engaging advertisements using FlexClip videos to promote the benefits of millets, successfully raising awareness about their nutritional and environmental significance.



## Collage on millets



Students of Class 11 created digital collage on millets



# Empowering Millet Startups

Students of class 9 showcased innovative millet based business ideas through PowerPoint presentation, highlighting their entrepreneurial skills and potential solutions.



## Millets: Nutritious Food for Birds and Humans

A creative collage-making activity combined environmental awareness with artistic expression. Students of Class 6 highlighted millets as a nutritious food source for both humans and birds, emphasizing their role in sustainable ecosystems.



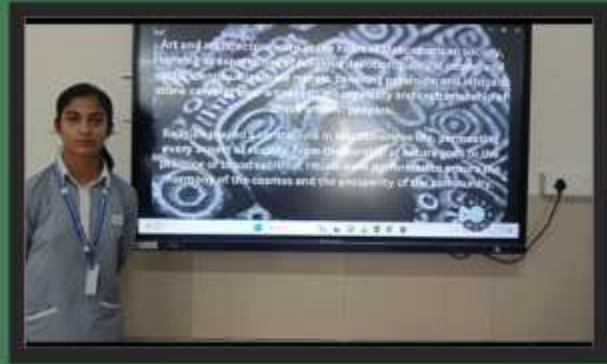
## CRAFT USING MILLET GRAINS

Students of Class 11 created unique millet-based crafts, showcasing the versatility and eco-friendliness of millets.



# VISITS AND EXCURSIONS

## AMOORT VIRAAASAT /EXPLORE OUR HERITAGE



The students concluded their tour of the National Museum, through documentary, newsletter and shared the newfound knowledge and insights with their peers.



## Traditional Ethnic Elegance

A virtual visit to a textile industry (NIFT) was organized for Class 9, allowing students to gain insights into India's textile heritage. They further expressed their perspectives on the evolving Indian textile industry through thought-provoking articles.



# HERITAGE MIRROR

Students of Class 6 embarked on an enriching excursion to Qutub Minar and the Lotus Temple in New Delhi, which deepened their understanding of India's architectural and cultural heritage.



## Gurgaon History Festival

Students of Senior Secondary Department enthusiastically participated in the Gurgaon History Festival 2024 at DPS Sector 45. The event provided a unique opportunity to explore historical narratives and engage in interactive learning sessions.



# Trip to Sultanpur National Park



Students of Classes 6 and 7 embarked on a trip to Sultanpur National Park, where they explored diverse bird species and gained a deeper understanding of wildlife conservation.



# ONLINE CULTURAL EXCHANGE PROGRAM: INDIA AND TAIWAN 2024

TOPICS OF DISCUSSION -GURGAON CULTURE, MILLET MAGIC AND PHILOSOPHY OF THE GITA

A Cultural Exchange Program 2024 with Taoyuan Municipal Shou Shan Senior High School, Taoyuan City, Taiwan, was held online at Bal Bharati Public School, Manesar, on 9th December 2024, fostering global learning and cross-cultural interactions.

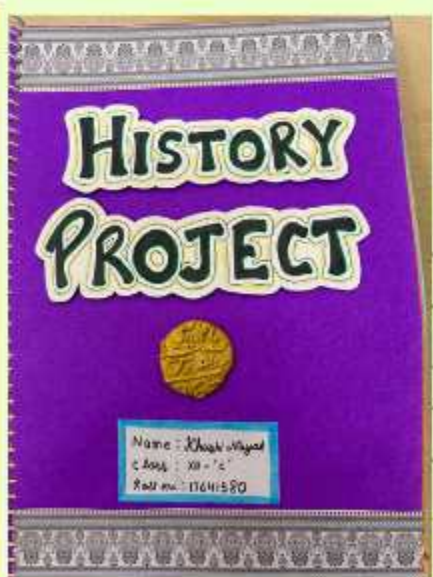
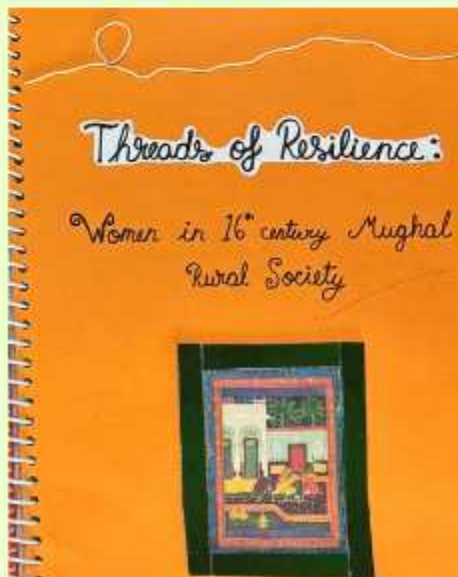
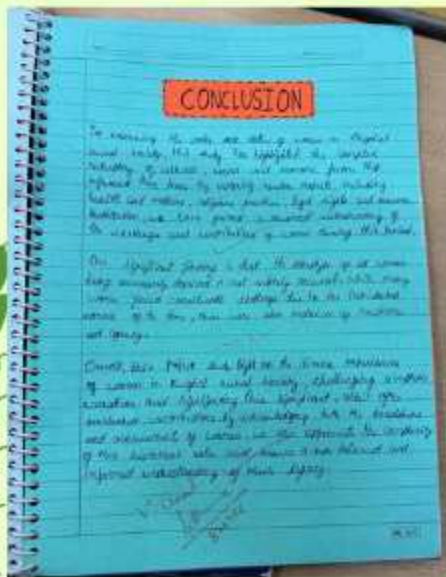
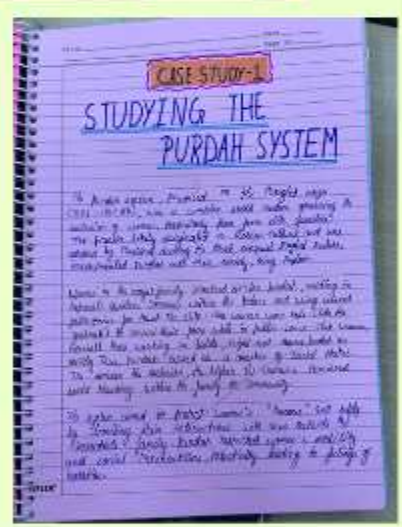
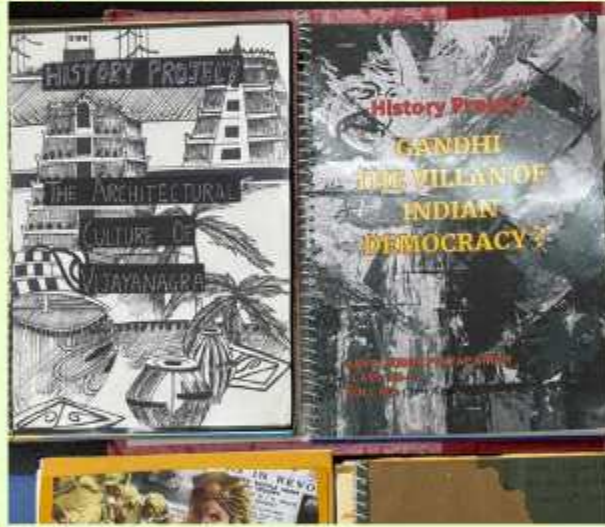
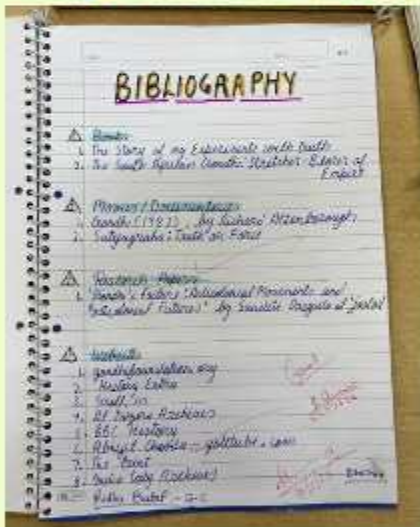


Students of Classes 9 and 11 showcased the significance of millets in Haryana, emphasizing their nutritional value, environmental benefits, and culinary versatility.



# PROJECT WORK

Students of Senior Secondary Department conducted research-based projects in history and political science, utilizing primary data and analyzing secondary sources for deeper insights.



# MUN Achievements



# SGMUN 2024

Our school conducted a two-day MUN, where the seven dynamic committees tackled thought-provoking agendas, fostering intense discussions, deliberations, and collaborations. The conference provided a platform for students to develop impactful resolutions, encouraging them to explore innovative solutions to global challenges while enhancing their diplomatic and public speaking skills.



# Teacher's Note

## Innovation of sustainability

As we navigate the complexities of the 21st century, it has become evident that our planet is facing unprecedented challenges. Amidst these challenges, there lies a tremendous opportunity for innovation and growth. From renewable energy and sustainable agriculture to eco-friendly technologies and circular economies, the possibilities for innovation are endless. As a Social Science educator, I believe in developing essential skills among students, fostering collaboration and teamwork, communication and presentation skills. The art of teaching is the art of encouraging research. Students enthusiastically did a research-based activity on selected Globally Important Agricultural Heritage Systems (GIAHS), made group presentations and prototypes on solar-powered irrigation and vertical farming. By developing critical thinking and research skills, students get empowered to face challenges.



**Deepa Rajesh**  
(TGT Social Studies)

## The Role of an Educator

*"Teachers plant the seeds of knowledge, just as millets sow the seeds of sustainability and health."*

As a social science teacher, I believe in making classroom learning both engaging and meaningful. Recently, our students worked on a unique project "Millet Calendar." Each month was dedicated to one millet, like ragi, jowar, or bajra, highlighting its nutritional benefits, historical significance, the climate they need for growth. In every activity and lesson, my goal is to ignite curiosity and foster love for learning. The "Millet Calendar" activity allowed students to connect classroom learning with real-world challenges.

I hope to empower them to become responsible and thoughtful individuals who contribute positively to society.



**Pooja Sharma**  
(TGT Social Studies)

## Role of Millets in Our Lives

*"Millets prove that greatness isn't in size but in impact—on health, soil, and lives."*

Millets, often referred to as "super grains," have been an integral part of human civilization for thousands of years. These small-seeded cereals are not just ancient grains but a solution for a sustainable future.

As a social science educator, I believe understanding the role of millets goes beyond their nutritional benefits. They are a symbol of sustainable agriculture, cultural heritage, and economic resilience for rural communities. We must encourage students to embrace millets in their daily lives and spread awareness about their benefits. Together, we can build a healthier, sustainable, and more equitable world by reviving the legacy of these wonder grains.

Let us make millets a staple in our diets and our discussions!



**Jyoti Sharma**  
(TGT Social Studies)

## Nurturing Future Through Experiential Learning

*"All genuine learning comes through experience - John Dewey"*

As an educator, our role extends beyond simply imparting knowledge. It is about fostering critical thinking, igniting curiosity, and shaping the leaders of tomorrow. Teaching is not just about textbooks; it is about creating an environment where students feel empowered to question, explore, and grow. As an educator practising Experiential Learning, students learn about the chapter 'Environment' by going around the school premises and identifying the various components of environment. In Civics, they learn about how administration works by interacting with the administrative staff of school; and about the fundamental right to equality by taking a 'Pledge of Equality'. In History, students become aware of the food history by bringing millet foods of different regions of India.

By encouraging creativity and collaboration, Let us equip the students with the skills to face the challenges of the future.



**Saurav Sehrawat**  
(TGT Social Studies)

# Student's corner

## India- An Ocean of Heritage

India boasts a rich heritage spanning millennia, from the Indus Valley Civilization's sophisticated urban planning and groundbreaking contributions in mathematics and medical science to the vibrant tapestry of modern India. This legacy is woven into our diverse languages, religions, art forms and philosophies. Social science, with its focus on understanding human societies and their interactions, provide us with the tools to explore and appreciate our rich heritage. By studying social science, we gain a sense of pride and a deeper understanding of the forces that have shaped our society and individuals within. Through heritage club, we try to spread this knowledge through various fun activities like online presentations, decorating banners, quizzes, making models of ancient games and creating some new ones too. We are proud of our heritage and love our club.



**Avani Singhal**  
**(Heritage Club**  
**Captain)**

## Beyond the Textbook

*"The best way to learn is to do." - Aristotle*



**Ekisha Sharma**  
**Class - 11 D**

Class 11 marks a significant transition in a student's academic journey, demanding a deeper understanding of complex concepts. Traditional rote learning often falls short in this phase. Thankfully, our school encourages interactive learning methods to make the learning experience more engaging and effective. This year, we participated in many group discussions and debates in our class. Through these discussions, we learned to articulate our viewpoints, and consider different perspectives. This year, I was a part of an online cultural exchange program between India and Taiwan organized by our school. This was an amazing experience for me as it gave me an opportunity to learn about their culture and present a presentation on the philosophy of the Gita with my group to Taiwanese students. Interactive learning methods are transforming the classroom experience, making it more student-centered. By embracing such innovative approaches throughout our session, my experience of Class 11 was a memorable one. It empowered me to become an independent critical thinker and a good learner.

## Vibrant Threads of Tradition

India, a kaleidoscope of diversity, is home to a rich tapestry of traditional festivals and culture. These vibrant threads of tradition weave together to create a breathtakingly beautiful fabric that reflects the country's history, values, and spirit. It's festival calendar is a testament to its cultural diversity. From the colourful Holi celebrations to the majestic Ganesh Chaturthi processions, each festival is a unique expression of India's rich cultural heritage. These celebrations bring people together, fostering a sense of community and social bonding. Traditional festivals and culture play a vital role in preserving India's cultural legacy. They provide a window into the country's history, mythology, and values, allowing future generations to connect with their roots. The intricate rituals, customs, and practices associated with each festival are a testament to India's rich cultural heritage. Indian festivals and culture have a unique ability to transcend geographical, linguistic, and cultural boundaries. They bring people together, promoting unity and inclusivity. As India continues to evolve and grow, it's essential that we preserve and celebrate our traditional festivals and culture. They're a bridge to our past, a reflection of our present, and a beacon for our future..



**Chanchal**  
**Yadav**  
**Class - 11 D**

# The Editors Crew

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You are what your deep, driving desire is.

As your desire is, so is your will.

As your will is, so is your deed.

As your deed is, so is your destiny.

Brihadaranyaka Upanishad

