

## SESSION – 2024 -25

<b>Date</b>	<b>Description</b>
<b>13<sup>th</sup> DECEMBER</b>	<b>LIFE LESSONS LEAGUE</b>
	<p>The Life Lessons League activity was conducted on August 8th and 13th, 2024, engaging students of Grade 3 in a creative and educational journey focused on mastering daily routines. This innovative program is designed to equip young learners with essential life skills, promoting independence, confidence, and responsibility.</p> <p>The activity included various practical exercises, such as:</p> <ol style="list-style-type: none"><li>1. Recollecting Important Contacts:</li></ol> <p>Students were encouraged to recollect any five mobile numbers of their Next of Kin (NOK), such as their father, mother, grandparents, or neighbors. This exercise aimed to instill a sense of safety and preparedness in emergency situations.</p> <ol style="list-style-type: none"><li>2. Buttoning a Shirt:</li></ol> <p>Each student brought a shirt with front buttons to practice buttoning, a vital life skill requiring fine motor coordination and patience. Mastering</p>

**this skill helps students become more independent in their daily routines.**

### **3. Dining Etiquette Practice:**

**Students brought unbreakable cutlery sets, including a plate, spoon, fork, butter knife, and handkerchief, to practice proper dining etiquette. This activity aimed to help students feel more confident and comfortable in both formal and informal dining settings.**

**The Life Lessons League is committed to providing a supportive environment where children can learn, grow, and thrive. Through these activities, participants developed essential life skills, built strong relationships, and grew more self-assured and independent.**

**This hands-on experience successfully instilled valuable lessons that will benefit students in their day-to-day lives, laying a foundation for their holistic development.**



