

SESSION - 2024 -25

Date	Description
JULY	MIRROR ACTIVITY
	<p>Manesar, the BV1 students recently participated in an engaging "Self-Grooming Mirrors" activity. This event aimed to foster personal hygiene awareness and boost self-confidence among young learners.</p> <p>During the activity, each student was provided with a mirror and guided through various self-grooming techniques, including proper hair care, face washing, and the importance of maintaining a neat appearance. The mirrors served as tools for self-observation, allowing students to practice and perfect these techniques under the supervision of their teachers.</p> <p>The activity was designed not only to teach practical grooming skills but also to encourage self-reflection and self-esteem. By seeing their own reflections, students were able to appreciate the importance of self-care and how it contributes to their overall well-being. The session concluded with a discussion on the significance of regular grooming and how it impacts one's daily life and interactions with others.</p>



