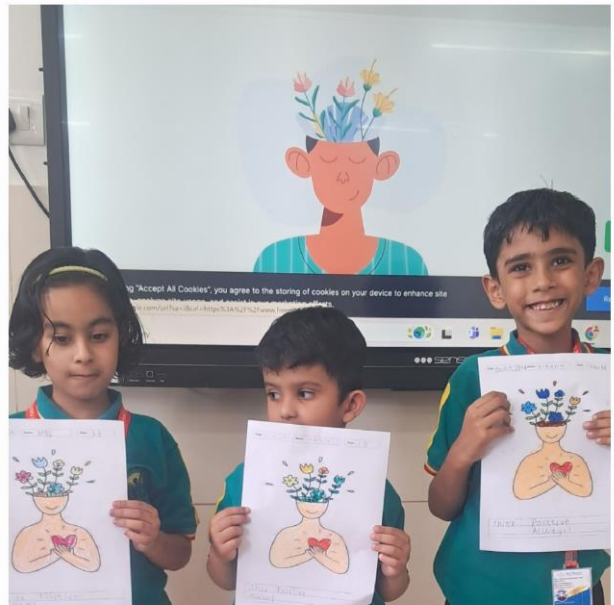
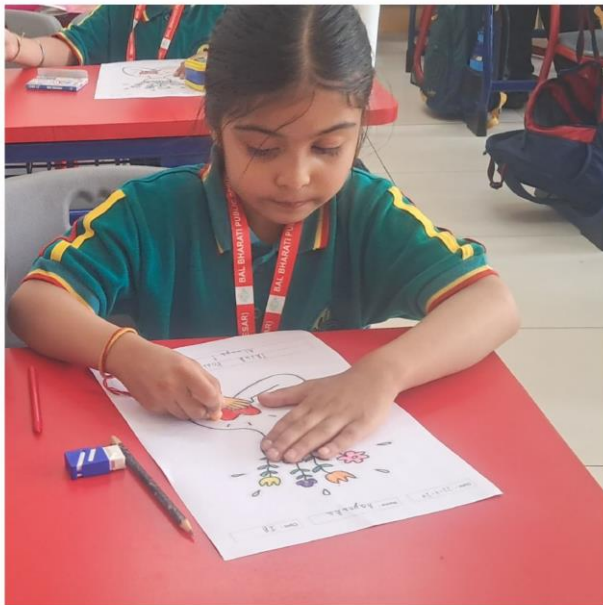
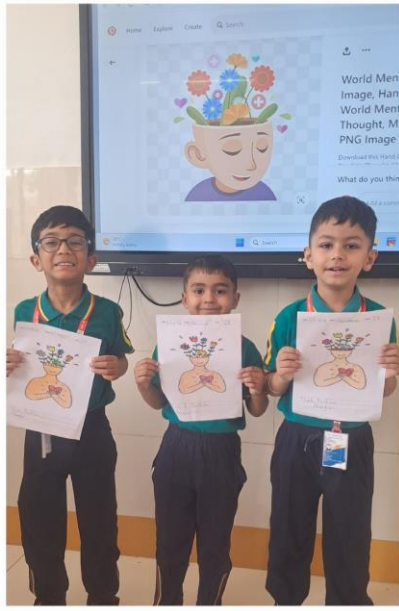


## CLASS 1 - COLOUR YOUR MIND-

### INSPIRING QUOTES FOR MENTAL WELL BEING

In grade 1 classes, a mental well-being activity was conducted, involving colouring a sketch of a human figure with flowers in their brain, accompanied by the positive message "THINK POSITIVE ALWAYS!" This activity aims to instill in children the importance of maintaining a positive mindset, reassuring themselves that everything will turn out well regardless of life's challenges. The children enthusiastically participated in coloring the sketch and expressing their positive outlook through written quotes.

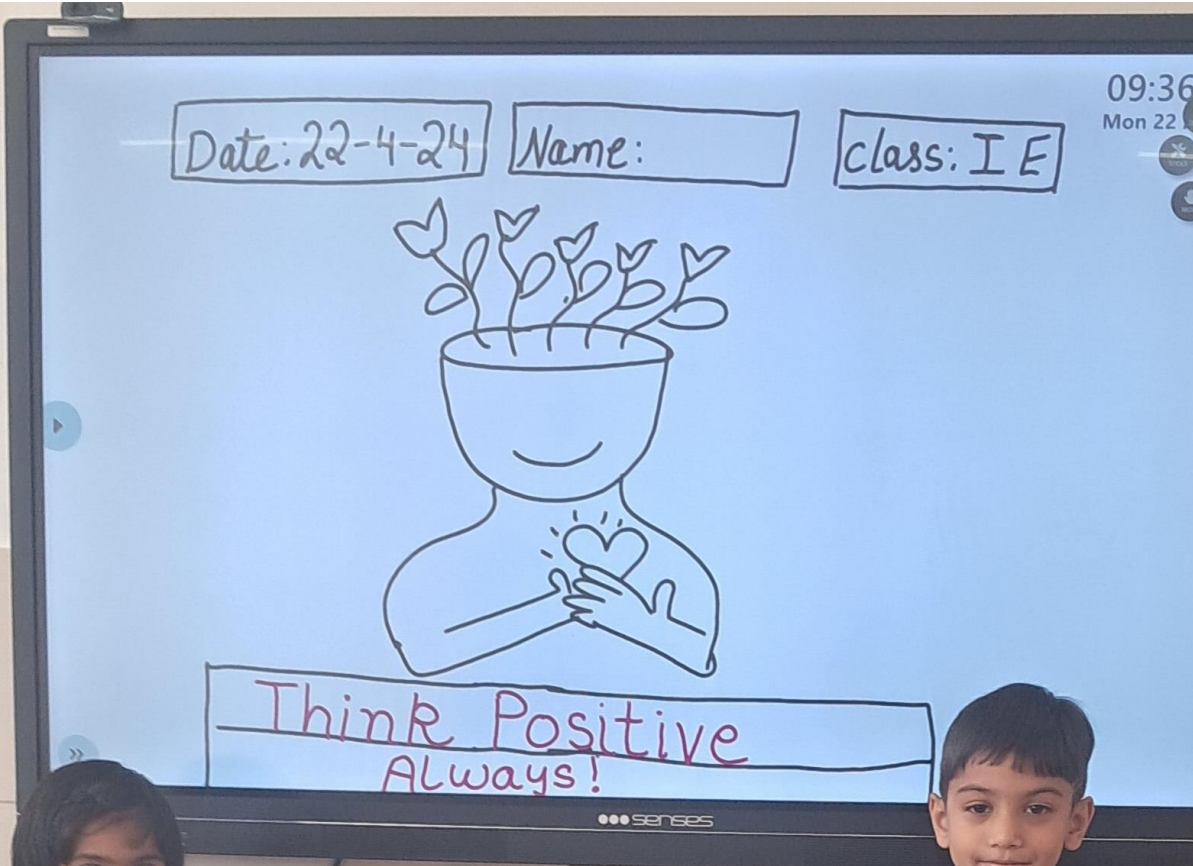






Date: 22-4-24    Name:    class: I E

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Mon 22



Think Positive  
Always!

