

CIRCULAR

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Dear Parents

Greeting!!!

We all have dreams. But in order to make dreams come into reality, it takes an awful lot of determination, dedication and effort. The ability to conquer one's self is no doubt the most precious of all things that sports bestow. Sports serve society by providing vivid examples of excellence. Sports play an important role in the student life.

We are glad to inform you that we are gearing up to for our Annual Sports Day for the Middle Department on 1st December 2023 and the heats for the same are going to be held during the month of October. The heats will be conducted for **200m race**, **400m race**, **long jump**, **shot put**, **table tennis and basketball**. The heats for the above mentioned games will be conducted as per the given schedule:

Class VI - 17th October 2023

Class VII - 18th October 2023

Class VIII - 19th October 2023

Kindly note the following important instructions to be followed while participating in the heats:

- Participants should come in a comfortable sportswear on the day of heat allotted to their class.
- The selected participants will be competing for the final round on the Sports Day on 1st December 2023.
- The heats would be conducted during the school hours.
- In case of any medical issues regarding the participation in heats kindly inform the class teacher well in advance.

Thanks and Regards

Akanksha Sehgal Setia (Vice Principal)

Harsh Kumar (Principal)