

14th ALL INDIA INTER UNIT BALBHARATI SPORTS MEET 2023

DO'S AND DON'TS FOR STUDENTS PROCEEDING TO BAL BHARATI PUBLIC SCHOOL, PITAMPURA

Dear Parents,

Your ward will be travelling to **BAL BHARATI PUBLIC SCHOOL, PITAMPURA, DELHI** for the **14th ALL INDIA INTER-UNIT BAL BHARATI SPORTS MEET 2023**. Kindly note that the following instructions are to be followed by your child enroute and during their stay at Pitampura Unit:

1. Proper discipline should be maintained throughout the trip.
2. Littering in the bus and at the venue is not permitted. Please educate your child regarding the same.
3. ***Avoid valuables & electronic gadgets such as mobile phones, cameras, i-Pods, i-Pads etc. to be carried by your child. The school takes no responsibility for the loss of such items.***
4. Students should travel light since they have to carry their own baggage to their respective rooms.
5. All cases of disobedience/ indiscipline shall be reported to the Principal of the respective schools by the Administrators of BBPS, Pitampura and Rohini.
6. ***Please note that all the rooms and campus are under CCTV surveillance.***
7. Please find attached below the suggested list for packing the bag (for students).

CHECKLIST FOR PACKING BAG (FOR STUDENTS)

1. Loose comfortable clothing (T-shirts and loose trousers / track pants) - (No Sleeveless / Tight fitting dresses / Tops / T-Shirts are to be worn)
2. Water bottle- 1
3. Bed sheets- 2
4. Pillow cover- 1
5. Toilet kit- 1 (Bathroom slippers, Towel, Brush, Toothpaste, Soap, Shampoo, a few paper napkins/wet wipes, sanitizer etc.)
6. Torch with cells- 1
7. Personal medication, if any. (The information pertaining to the dosage should be given to the teacher coordinator travelling with the child.)
8. Disposable paper bags (like the ones available in the aircrafts) must be used in case of motion sickness.
9. Two hand towels
10. Notepad and Pen
11. A small bottle of sanitizer is to be carried by the child.
12. Sanitary Napkins (for girls)
13. Mosquito Repellent / Patches
14. School I-Card

Note: Sports Shoes are to be worn by all the students for the trip.

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Kindly note that the following instructions that need to be followed by your students during their stay at Pitampura Unit:

DO'S		DON'TS	
1	Follow rules and regulations of the Sports Meet and perform all the activities with care and involvement.	1	Move around alone.
2	Always stay in the common area.	2	Go out of the School Premises.
3	Maintain the time schedule.	3	Avoid carrying mobiles or any other electronic gadgets.
4	Eat proper meals.	4	Waste electricity, water, or food.
5	Sleep on time. 9:30 PM is the time for lights out.	5	Play with any kind of sport equipment inside the accommodation.
6	In case you are not feeling well, report to your teachers.	6	Move out of the accommodation area at night, unless accompanied by the teacher incharge.
7	Adhere to the dress code. Wear full trousers/ track suits and T-Shirts with half / full sleeves.		
8	Any special need in terms of food, medicine etc. should be conveyed to the teacher-in-charge and to the host school before the beginning of the trip.		