



Bal Bharati PUBLIC SCHOOL M A N E S A R

Activity name: RHYTHM

Class: CLASS 1

Date: 18/04/2023

Description: Exercise is a vital power tonic that everyone needs to maintain a fit physique. Children appreciate workouts that involve rhythm and beat. With the help of lazium, dumbbells, and other tools, our tiny Bal Bharatians of Class 1 enjoyed the activity Rhythm with full enthusiasm and zeal.

Glimpses:

