



Bal Bharati PUBLIC SCHOOL M A N E S A R

Activity name: VINAIGRETTE

Class: IX & X

Date: 24.4.22

Description:

Salad Making Competition was held at our school on the 24th of April 2022. The competition was open for 9&10 class boys. The objective behind the competition was to inculcate healthy food habits and awareness regarding the choice of food among the youth. The participants creativity was revealed through the beautiful designs and patterns formed with different mouth-watering salad. The students displayed copious types of both vegetable and fruit salads such as Watermelon Basket salad, Combo salad and many more ingenious salads using commonly available ingredients. The participants explained the speciality of their salad and also the importance of including salad in our regular diet for maintaining good health and keeping diseases at bay.

Glimpses:





