



Bal Bharati
PUBLIC SCHOOL
M A N E S A R

SYLLABUS(2022-2023)

CLASS - IX

ENGLISH

GENERAL OBJECTIVES

1. TO DEVELOP AND INTEGRATE THE FOUR BASIC LANGUAGE SKILLS OF LISTENING, SPEAKING, READING AND WRITING.
2. TO DEVELOP HIGHER ORDER THINKING SKILLS.
3. TO ENABLE THE LEARNERS TO GO BEYOND THE GOALS OF EVERY DAY COMMUNICATION INTO AREAS SUCH AS STUDY SKILLS, LIFE SKILLS, LITERARY APPRECIATION AND CREATIVITY
4. TO MAKE THE PROCESS OF TEACHING AND LEARNING A LEARNER-CENTERED ACTIVITY

(APRIL 2022-OCT 2023)

PERIODIC TEST-1(JULY 2022)

- THE FUN THEY HAD
- THE SOUND OF MUSIC
- THE LITTLE GIRL
- THE ROAD NOT TAKEN

WRITING

DESCRIPTIVE PARAGRAPH

GRAMMAR

TENSES

MODALS

HALF YEARLY (OCTOBER 2022)

- THE SNAKE AND THE MIRROR
- MY CHILDHOOD
- PACKING
- REACH FOR THE TOP
- THE BOND OF LOVE
- WIND
- RAIN ON THE ROOF
- THE LAKE ISLE OF INNISFREE
- A LEGEND OF THE NORTHLAND
- NO MEN ARE FOREIGN
 - THE LITTLE GIRL
 - THE KINGDOM OF FOOLS
 - ISHWARAN THE STORY TELLER

GRAMMAR

USE OF PASSIVE VOICE

SUBJECT – VERB CONCORD

(NOVEMBER 2022- MARCH 2023)

PERIODIC TEST 2 (DECEMBER2022)

- REACH FOR THE TOP
- THE BOND OF LOVE
- THE HAPPY PRINCE
- WEATHERING THE STORM IN ERSAMA
- THE LAST LEAF
- THE DUCK AND THE KANGAROO
- ON KILLING A TREE

WRITING

STORY WRITING

FORMAL AND INFORMAL LETTER

GRAMMAR

REPORTING

COMMANDS AND REQUESTS

(II) STATEMENTS

(III) QUESTIONS

DETERMINERS

ANNUAL EXAMINATION

WRITING

STORY WRITING

DESCRIPTIVE PARAGRAPH

FORMAL AND INFORMAL LETTER

LITERATURE

PROSE (BEEHIVE)

- THE FUN THEY HAD

- THE SOUND OF MUSIC
- A TRULY BEAUTIFUL MIND
- THE LITTLE GIRL
- THE SNAKE AND THE MIRROR
- MY CHILDHOOD
- PACKING
- REACH FOR THE TOP
- THE BOND OF LOVE
- KATHMANDU
- IF I WERE YOU

POETRY (BEEHIVE)

- THE ROAD NOT TAKEN
- WIND
- RAIN ON THE ROOF
- THE LAKE ISLE OF INNISFREE
- A LEGEND OF THE NORTHLAND
- NO MEN ARE FOREIGN
- THE DUCK AND THE KANGAROO
- ON KILLING A TREE
- THE SNAKE TRYING
- A SLUMBER DID MY SPIRIT SEAL

MOMENTS – SUPPLEMENTARY READER

- THE LOST CHILD
- THE ADVENTURES OF TOTO

- ISWARAN THE STORYTELLER
- IN THE KINGDOM OF FOOLS
- THE HAPPY PRINCE
- WEATHERING THE STORM IN ERSAMA
- THE LAST LEAF
- A HOUSE IS NOT A HOME
- THE ACCIDENTAL TOURIST
- THE BEGGAR

READING

A FACTUAL PASSAGE 300-350 WORDS

A DISCURSIVE PASSAGE OF 350-400 WORDS

WRITING

DIARY ENTRY

GRAMMAR

1. TENSES

2. MODALS

3. USE OF PASSIVE VOICE

4. SUBJECT – VERB CONCORD

5. REPORTING

COMMANDS AND REQUESTS

(II) STATEMENTS

(III) QUESTIONS

विषय-हिंदी

उद्देश्य : 1. भाषा के चार प्रमुख कौशलों – श्रवण, वाचन, पठन एवं लेखन क्षमता का विकास ।

2. उच्चस्तरीय विचार, मनन क्षमता का विकास ।

3. व्याकरण का शुद्ध प्रयोग ।

4. वास्तविक जीवन परिस्थितियों में भाषा का उचित प्रयोग ।

5. अध्ययन एवं गतिविधियों के माध्यम से जीवन – मूल्यों तथा पारिवारिक एवं राष्ट्रीय चेतना का विकास ।

पाठ्य-पुस्तक 1. स्पर्श

2. संचयन

3. हिंदी व्याकरण

प्रथम सत्र (अप्रैल 2022 से अक्टूबर 2022)

सामयिक परीक्षा प्रथम

पाठ्य पुस्तक-

- दुख का अधिकार
- रैदास के पद
- रहीम के दोहे
- गिल्लू

व्याकरण-

- शब्द व पद
- अनुस्वार एवं अनुनासिक शब्द
- उपसर्ग एवं प्रत्यय
- चित्र वर्णन
- संवाद लेखन

अर्धवार्षिक परीक्षा-

पाठ्य पुस्तक-

- दुख का अधिकार
- एवरेस्ट: मेरी शिखर यात्रा
- तुम कब जाओगे, अतिथि
- रैदास के पद
- रहीम के दोहे
- गिल्लू
- स्मृति

व्याकरण-

- शब्द व पद
- अनुस्वार एवं अनुनासिक शब्द
- उपसर्ग एवं प्रत्यय
- स्वर संधि
- विराम चिह्न
- अर्थ की दृष्टि से वाक्य भेद
- अनुच्छेद लेखन
- पत्र लेखन (अनौपचारिक)
- चित्र वर्णन
- संवाद लेखन

द्वितीय सत्र (नवंबर 2022 से मार्च 2023 तक)

सामयिक परीक्षा द्वितीय

पाठ्य पुस्तक-

- वैज्ञानिक चेतना के वाहक चंद्रशेखर वेंकटरमन
- कीचड़ का काव्य
- गीत-अगीत
- अग्निपथ
- कल्लू कुम्हार की उनाकोटी

व्याकरण-

- अनुस्वार एवं अनुनासिक शब्द
- उपसर्ग एवं प्रत्यय
- पत्र लेखन (अनौपचारिक)
- चित्र वर्णन

वार्षिक परीक्षा

पाठ्य पुस्तक-

- दुख का अधिकार
- एवरेस्ट: मेरी शिखर यात्रा
- तुम कब जाओगे, अतिथि
- वैज्ञानिक चेतना के वाहक चंद्रशेखर वेंकटरमन
- कीचड़ का काव्य
- शक्रतारे के समान
- रैदास के पद
- रहीम के दोहे
- गीत-अगीत
- अग्निपथ
- नए इलाके में, खुशबू रचते हैं हाथ
- गिल्लू
- स्मृति
- कल्लू कुम्हार की उनाकोटी
- मेरा छोटा-सा निजी पुस्तकालय

व्याकरण-

- शब्द व पद
- अनुस्वार एवं अनुनासिक शब्द
- उपसर्ग एवं प्रत्यय
- स्वर संधि
- विराम चिह्न
- अर्थ की दृष्टि से वाक्य भेद
- अनुच्छेद लेखन
- पत्र लेखन (अनौपचारिक)
- चित्र वर्णन
- संवाद लेखन

MATHEMATICS

TEXT BOOK : NCERT MATHEMATICS.

GENERAL OBJECTIVES

1. TO ENABLE THE STUDENTS TO UNDERSTAND THE CONCEPTUAL VALUE OF THE TOPIC.
2. TO GIVE THE DRILLING ASPECT TO PROVIDE CONFIDENCE, SPEED AND ACCURACY IN UNDERSTANDING MATHEMATICAL FUNDAMENTALS.
3. TO DEVELOP AND INTEGRATE MATHEMATICAL SKILLS IN DAY TO DAY PROBLEMS AND USE THEM TO UNDERSTAND AND SOLVE HOTS (HIGHER ORDER THINKING SKILLS).

(APRIL 2022-OCT 2022)

PERIODIC TEST -1(JULY 2022)

CHAPTER-1 NUMBER SYSTEMS

CHAPTER-2 POLYNOMIALS

CHAPTER-3 COORDINATE GEOMETRY

CHAPTER-4 LINEAR EQUATIONS IN TWO VARIABLES

HALF YEARLY EXAMINATION(OCTOBER 2022)

CHAPTER-1 NUMBER SYSTEMS

CHAPTER-2 POLYNOMIALS

CHAPTER-6 LINES AND ANGLES

CHAPTER-7 TRIANGLES

CHAPTER-11 CONSTRUCTIONS

CHAPTER-12 HERON'S FORMULA

(NOVEMBER 2022- MARCH 2023)

PERIODIC TEST-2(DECEMBER2022)

CHAPTER-8 QUADRILATERALS

CHAPTER-14 STATISTICS

CHAPTER- 15 PROBABILITY

ANNUAL EXAMINATION

CHAPTER-1 NUMBER SYSTEMS

CHAPTER-2 POLYNOMIALS

CHAPTER-3 COORDINATE GEOMETRY

CHAPTER-4 LINEAR EQUATIONS IN TWO VARIABLES

CHAPTER-5 INTRODUCTION TO EUCLID'S GEOMETRY

CHAPTER-6 LINES AND ANGLES

CHAPTER-7 TRIANGLES

CHAPTER-8 QUADRILATERALS

CHAPTER-9 AREA OF PARALLELOGRAMS AND TRIANGLES

CHAPTER-10 CIRCLES

CHAPTER-11 CONSTRUCTIONS

CHAPTER-12 HERON'S FORMULA

CHAPTER-13 SURFACE AREAS AND VOLUMES

CHAPTER-14 STATISTICS

CHAPTER-15 PROBABILITY

GENERAL SCIENCE

GENERAL OBJECTIVES

- **TO ENABLE THE STUDENTS TO LEARN SCIENCE BY DOING IT THROUGH OBSERVATION AND EXPERIMENTATION.**
- **TO DEVELOP INQUIRING MINDS AND CURIOSITY ABOUT SCIENCE AND THE NATURAL WORLD.!**
- **TO INCULCATE SCIENTIFIC TEMPER IN CHILDREN AND INSTILL IN THEM A LIKING FOR THE SUBJECT.**

FIRST TERM

(APRIL 2022-OCT 2022)

PERIODIC TEST-1(JULY 2022)

PHYSICS: MOTION

CHEMISTRY: MATTER IN OUR SURROUNDINGS

BIOLOGY: FUNDAMENTAL UNIT OF LIFE

HALF YEARLY EXAMINATION(OCTOBER 2022)

PHYSICS: 1) MOTION

2)FORCE AND LAWS OF MOTION

3) GRAVITATION

CHEMISTRY: 1) MATTER IN OUR SURROUNDINGS 2) IS MATTER AROUND US
PURE

BIOLOGY: 1) FUNDAMENTAL UNIT OF LIFE

2)TISSUES

SECOND TERM

(NOVEMBER 2022- MARCH 2023)

PERIODIC TEST-2(DECEMBER2022)

PHYSICS: 1)FLOATATION

2)WORK AND ENERGY

CHEMISTRY: 1)ATOMS AND MOLECULES

BIOLOGY: 1) IMPROVEMENT IN FOOD RESOURCES

2)NATURAL RESOURCES (ACTIVITY BASED ASSESSMENT)

ACTIVITIES /PROJECTS

TYPE OF ACTIVITY: GROUP –INTEGRATED

PROJECT FOCUS –ECO CONSERVATION-CARPOOL-A COOL WAY TO REACH A COMMON DESTINATION

(A)NEED OF POLLUTION CONTROL

(B) CONSERVATION OF NON-RENEWABLE RESOURCES ,ESPECIALLY PETROL

(C)BENEFITS OF SHARING COMMON VEHICLES AND PUBLIC TRANSPORT

(D)THE NEED TO CUT DOWN ON THE NUMBER OF VEHICLES ON ROAD

E) DEPICTION OF THOMSON,RUTHERFORD AND BOHR’S MODEL OF ATOM.

PARAMETERS: RELEVANCE TO TOPIC,TIMELY EXECUTION,ORIGINALITY

AND CREATIVITY.

NOTEBOOK ASSESSMENT

PARAMETERS: REGULARITY, NEATNESS, MAINTENANCE OF INDEX

ANNUAL EXAMINATION

ALL THE CHAPTERS COVERED IN PERIODIC TEST-1,PERIODIC TEST-2 AND HALF YEARLY EXAMINATION INCLUDING THE FOLLOWING CHAPTERS ARE THE PART OF ANNUAL EXAMINATION.

BIOLOGY : 1)THE FUNDAMENTAL UNIT OF LIFE

2) TISSUES

3) IMPROVEMENT IN FOOD RESOURCES.

CHEMISTRY:

1)MATTER IN OUR SURROUNDINGS 2) IS MATTER AROUND US PURE 3)
ATOMS AND MOLECULES 4)STRUCTURE OF ATOM

PHYSICS : 1)SOUND

2) FLOATATION

(LIST OF EXPERIMENTS)

1.PREPARATION OF :

A)A TRUE SOLUTION OF COMMON SALT, SUGAR AND ALUM

B)A SUSPENSION OF SOIL, CHALK POWDER AND FINE SAND IN WATER

C)A COLLOIDAL SOLUTION OF STARCH IN WATER AND EGG ALBUMIN/MILK IN WATER AND DISTINGUISHING BETWEEN THESE ON THE BASIS OF

TRANSPARENCY

FILTRATION CRITERION

STABILITY

2.PREPARATION OF

A)A MIXTURE

B)A COMPOUND USING IRON FILINGS AND SULPHUR POWDER AND DISTINGUISHING BETWEEN THESE ON THE BASIS OF:

(I)APPEARANCE, I.E., HOMOGENEITY AND HETEROGENEITY (II)BEHAVIOUR TOWARDS A MAGNET

(III)BEHAVIOUR TOWARDS CARBON DISULPHIDE AS A SOLVENT (IV)EFFECT OF HEAT

3.SEPARATION OF THE COMPONENTS OF A MIXTURE OF SAND,COMMON SALT AND AMMONIUM CHLORIDE (OR CAMPHOR).

4.PERFORM THE FOLLOWING REACTIONS AND CLASSIFY THEM AS PHYSICAL OR CHEMICAL CHANGES

:A)IRON WITH COPPER SULPHATE SOLUTION IN WATER B)BURNING OF MAGNESIUM RIBBON IN AIR C)ZINC WITH DILUTE SULPHURIC ACID

D)HEATING OF COPPER SULPHATE CRYSTALS

E)SODIUM SULPHATE WITH BARIUM CHLORIDE IN THE FORM OF THEIR SOLUTIONS IN WATER 5.PREPARATION OF STAINED TEMPORARY MOUNTS OF (A) ONION PEEL, (B) HUMAN CHEEK CELLS TO RECORD OBSERVATIONS AND DRAW THEIR LABELED DIAGRAMS.

6.IDENTIFICATION OF PARENCHYMA, COLLENCHYMA AND SCLERENCHYMA TISSUES IN PLANTS, STRIPED, SMOOTH AND CARDIAC MUSCLE FIBERS AND NERVE CELLS IN ANIMALS, FROM PREPARED SLIDES. DRAW THEIR LABELED DIAGRAMS.

7.DETERMINATION OF THE MELTING POINT OF ICE AND THE BOILING POINT OF WATER.

8. VERIFICATION OF THE LAWS OF REFLECTION OF SOUND.

9. DETERMINATION OF THE DENSITY OF SOLID (DENSER THAN WATER) BY USING A SPRING BALANCE AND A MEASURING CYLINDER.

10. ESTABLISHING THE RELATION BETWEEN THE LOSS IN WEIGHT OF A SOLID WHEN FULLY IMMERSSED IN A) TAP WATER

B) STRONGLY SALTY WATER, WITH THE WEIGHT OF WATER DISPLACED BY IT BY TAKING AT LEAST TWO DIFFERENT SOLIDS. 11. DETERMINATION OF THE SPEED OF A PULSE PROPAGATED THROUGH A STRETCHED STRING/SLINKY (HELICAL SPRING).

12. STUDY OF THE CHARACTERISTICS OF SPIROGYRA, AGARICUS, MOSS, FERN, PINUS (EITHER WITH MALE OR FEMALE CONE) AND AN ANGIOSPERMIC PLANT. DRAW AND GIVE TWO IDENTIFYING FEATURES OF THE GROUPS THEY BELONG TO.

13. OBSERVE THE GIVEN PICTURES/CHARTS/MODELS OF EARTHWORM, COCKROACH, BONY FISH AND BIRD. FOR EACH ORGANISM, DRAW THEIR PICTURE AND RECORD: A) ONE SPECIFIC FEATURE OF ITS PHYLUM.

B) ONE ADAPTIVE FEATURE WITH REFERENCE TO ITS HABITAT.

14. VERIFICATION OF THE LAW OF CONSERVATION OF MASS IN A CHEMICAL REACTION.

15. STUDY OF THE EXTERNAL FEATURES OF ROOT, STEM, LEAF AND FLOWER OF MONOCOT AND DICOT PLANT

SOCIAL SCIENCE :

LEARNING OBJECTIVES:

DEVELOP AN UNDERSTANDING OF THE PROCESSES OF CHANGE AND DEVELOPMENT—BOTH IN TERMS OF TIME AND SPACE, THROUGH WHICH HUMAN SOCIETIES HAVE EVOLVED

- MAKE LEARNERS REALISE THAT THE PROCESS OF CHANGE IS CONTINUOUS AND ANY EVENT OR PHENOMENON OR ISSUE CANNOT BE VIEWED IN ISOLATION BUT IN A WIDER CONTEXT OF TIME AND SPACE

- DEVELOP AN UNDERSTANDING OF CONTEMPORARY INDIA WITH ITS HISTORICAL PERSPECTIVE, OF THE BASIC FRAMEWORK OF THE GOALS AND POLICIES OF NATIONAL DEVELOPMENT IN INDEPENDENT INDIA, AND OF THE PROCESS OF CHANGE WITH APPROPRIATE CONNECTIONS TO WORLD DEVELOPMENT

- DEEPEN KNOWLEDGE ABOUT AND UNDERSTANDING OF INDIA'S FREEDOM STRUGGLE AND OF THE VALUES AND IDEALS THAT IT REPRESENTED, AND TO DEVELOP AN APPRECIATION OF THE CONTRIBUTIONS MADE BY PEOPLE OF ALL SECTIONS AND REGIONS OF THE COUNTRY

- HELP LEARNERS UNDERSTAND AND CHERISH THE VALUES ENSHRINED IN THE INDIAN CONSTITUTION AND TO PREPARE THEM FOR THEIR ROLES AND RESPONSIBILITIES AS EFFECTIVE CITIZENS OF A DEMOCRATIC SOCIETY

- DEEPEN THE KNOWLEDGE AND UNDERSTANDING OF INDIA'S ENVIRONMENT IN ITS TOTALITY, THEIR INTERACTIVE PROCESSES AND EFFECTS ON THE FUTURE QUALITY OF PEOPLE'S LIVES

- FACILITATE THE LEARNERS TO UNDERSTAND AND APPRECIATE THE DIVERSITY IN THE LAND AND PEOPLE OF THE COUNTRY WITH ITS UNDERLYING UNITY

- DEVELOP AN APPRECIATION OF THE RICHNESS AND VARIETY OF INDIA'S HERITAGE-BOTH NATURAL AND CULTURAL AND THE NEED FOR ITS PRESERVATION

(APRIL 2022-OCT 2023)

PERIODIC TEST -1(JULY 2022)

HISTORY - CHAPTER 1 – THE FRENCH REVOLUTION

GEOGRAPHY- CHAPTER 1 – INDIA- SIZE AND LOCATION

ECONOMICS- CHAPTER 1 – THE STORY OF VILLAGE PALAMPUR

HALF YEARLY EXAMINATION(OCTOBER 2022)

HISTORY-

CHAPTER 1 – THE FRENCH REVOLUTION

CHAPTER 2 – SOCIALISM IN EUROPE AND THE RUSSIAN REVOLUTION

GEOGRAPHY-

CHAPTER 1 – INDIA- SIZE AND LOCATION

CHAPTER 2– PHYSICAL FEATURES OF INDIA

CHAPTER 3-DRAINAGE

POLITICAL SCIENCE-

CHAPTER 1 – WHAT IS DEMOCRACY? WHY DEMOCRACY?

CHAPTER 2- CONSTITUTIONAL DESIGN

ECONOMICS-

CHAPTER 1 – THE STORY OF VILLAGE PALAMPUR

CHAPTER 2- PEOPLE AS RESOURCE

PERIODIC TEST-2(DECEMBER2022)

HISTORY- CHAPTER 4 – FOREST SOCIETY AND COLONIALISM

GEOGRAPHY-CHAPTER 4- CLIMATE

POLITICAL SCIENCE- CHAPTER 3- ELECTORAL POLITICS

ECONOMICS- CHAPTER 3- POVERTY AS A CHALLENGE

ANNUAL EXAMINATION

ALL THE CHAPTERS COVERED IN PERIODIC TEST 1, 2 AND HALF YEARLY EXAMINATION INCLUDING THE FOLLOWING CHAPTERS ARE THE PART OF ANNUAL EXAMINATION.

HISTORY- CHAPTER 3 – NAZISM AND THE RISE OF HITLER

GEOGRAPHY- CHAPTER 5- NATURAL VEGETATION AND WILDLIFE

CHAPTER 6- POPULATION

POLITICAL SCIENCE- CHAPTER 4- WORKING OF INSTITUTIONS

CHAPTER 5- DEMOCRATIC RIGHTS

ECONOMICS- CHAPTER 4-FOOD SECURITY IN INDIA

COMPUTERS

HALF YEARLY EXAMINATION

PART A

EMPLOYABILITY SKILLS

UNIT 1 : COMMUNICATION SKILLS-I

UNIT 2 : SELF-MANAGEMENT SKILLS-I

PART B

SUBJECT SPECIFIC SKILLS

UNIT 4:ELECTRONIC SPREADSHEET

UNIT 5: DIGITAL PRESENTATION

TERM 2 (NOV 2022-JAN 2023)

ANNUAL EXAMINATION

PART A

EMPLOYABILITY SKILLS

UNIT 3 : ICT SKILLS-I

UNIT 4 : ENTREPRENEURIAL SKILLS-I

UNIT 5 : GREEN SKILLS-I

PART B

SUBJECT SPECIFIC SKILLS

UNIT 1: INTRODUCTION TO IT INDUSTRY

UNIT 2: DATA ENTRY & KEYBOARDING SKILLS

UNIT 3: DIGITAL DOCUMENTATION

PHYSICAL EDUCATION & SPORTS ACTIVITY PROGRAMME

FIRST TERM (APRIL 2022-OCTOBER. 2022)

1. VOLLEYBALL –BASIC RULES & REGULATION OF THE GAME.

- SERVICE-UNDER HAND SERVICE, SIDE ARM SERVICE, TENNIS SERVICE, FLOATING SERVICE.
- PASS- UNDER HAND PASS, UPPER HAND PASS
- BLOCK - SINGLE BLOCK, DOUBLE BLOCK, TRIPLE BLOCK
- SMASH

2. ATHLETICS- THROWING EVENTS

- SHOT PUT, DISCUS THROW-BASIC RULES OF GAMES
- JUMPING EVENTS-HIGH JUMP, LONG JUMP, TRIPLE JUMP-BASIC RULES OF GAMES.
- SHOT DISTANCE RUNNING- 100MTR,200MTR,400MTR, RELAY RACE
- RUNNING COMMAND – ON YOUR MARK, SET, AND GUN/FIRE.

3 BASKETBALL-BASIC RULES AND REGULATIONS OF GAMES.

- PASS-CHEST PASS, BOUNCE PASS
- DRIBBLING/PIVOTING, DODGE, FREE THROW, SHOOTING.

4 INDOOR GAMES

- BADMINTON
- CHESS

- TABLE TENNIS

OUTDOOR GAMES

- TENNIS
- SKATING

PREPARATION FOR THE COMPETITIONS-C.B.S.E CLUSTER(ZONE/NATIONAL) SGFI INTER SCHOOL TOURNAMENT AND ANNUAL BBPS SPORT MEET.

SECOND TERM (NOV. 2022-MARCH 2023)

1. KHO-KHO-BASIC RULES AND REGULATIONS OF THE GAME.

- CHASING –DIVING, LET HAND, CHASE, RIGHT HAND FAKE KHO, CHAIN KHO.
- RUNNING- DODGING TAKES PLACE IN GAME AREA, RUNNING.

2. KABADDI -BASIC RULES AND REGULATION OF THE GAME

- DRIVE, RIDE, RAIDER, SIDE KICK, BACK KICK, FOOT TOUCH, TOE TOUCH, ROLL KICK
- HAND TOUCH, BLOCKING, WRIST HOLD, TRUNK HOLD
- **ADVANCED RAIDING SKILLS**

3. TENNIS-BASIC RULES AND REGULATIONS OF GAME.

- HOW TO HOLD A PADDLE
- FOOT WORK, BACKHAND
- SERVING